

# Burdock

*Arctium lappa* (Family *Asteraceae*)



Partly huge leaves over a meter in diameter. Later the plant is unmistakable by the burdock fruits.



The leaves can be used as a substitute for aluminum foil. Simply wrap the food in it and cook together.



The leaves can be confused with those of petasite, which is classified as carcinogenic. However, in contrast to burdock, the leaf edge is "toothed", i.e. "jagged".

